Write down the names of who is going. Make sure Buyer knows he is assigned to buy food. Budget is $\$ 15$ per scout.

| PL: | Grubmaster: | Chief Cook: |
| :--- | :--- | :--- |
|  |  |  |
|  |  |  |

Friday - Cracker Barrel For a late arrival, cheese and crackers is good.

| MyPlate Item | Recipe | Equipment | Amount/Person | Cost |
| :--- | :--- | :--- | :--- | :--- |
| Fruit |  |  |  |  |
| Dairy |  |  |  |  |
| Protein |  |  |  |  |
| Vegetable |  |  |  |  |
| Grain |  |  |  |  |


| Saturday | Troop provides charcoal, foil, syrup \& oil. |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| Breakfast |  |  |  |  |
| MyPlate Item | Recipe | Equipment | Amount/Person | Cost |
| Fruit |  |  |  |  |
| Dairy |  |  |  |  |
| Protein |  |  |  |  |
| Vegetable |  |  |  |  |
| Grain |  |  |  |  |
| Lunch |  |  |  | Amount/Person |
| MyPlate Item | Recipe |  |  |  |
| Fruit |  |  |  |  |
| Dairy |  |  |  |  |
| Protein |  |  |  |  |
| Vegetable |  |  |  |  |
| Vegetable |  |  |  |  |
| Grain |  |  |  |  |
| Dinner |  |  |  |  |
| MyPlate Item | Recipe |  |  |  |
| Fruit |  |  |  |  |
| Dairy |  |  |  |  |
| Protein |  |  |  |  |
| Vegetable |  |  |  |  |
| Vegetable |  |  |  |  |
| Grain |  |  |  |  |

[^0]Sunday Hot breakfast on Sunday please - ask us if we have pancake mix

| Breakfast | Eqipe |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| MyPlate Item | Recipment | Amount/Person | Cost |  |
| Fruit |  |  |  |  |
| Dairy |  |  |  |  |
| Protein |  |  |  |  |
| Vegetable |  |  |  |  |
| Grain |  |  |  |  |

Stuff I need to get - Shopping List (based on Recipe or Amount/Person)

|  |  |  |
| :--- | :--- | :--- |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

Signed off and approved by ASM: $\qquad$

ASM: Make TWO photocopies this menu plan. Copy 1: Scoutmaster; Copy 2: Scout indicated as food buyer


[^0]:    Doc: J:\505\Forms\2014\T505 Menu Planning 2014-10.doc Page: 1
    Reference: http://www.choosemyplate.gov/ <- Suggestions, Ideas and Inspiration

